

Brubaker in The New Yorker: The G. O. P. gathering at Mackinac Island was certainly an exclusive affair. There seems to have been a rule that nobody who had ever been defeated by Roosevelt was eligible to attend.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 22, NO. 46 THE JOURNAL, COLEMAN, ALBERTA THURSDAY, MARCH 30, 1944 \$2.00 Per Year; Single Copy 5c

Juniors Trounce Intermediates In Exhibition Hockey

Youngsters Had Too Much Pep And Were More Deadly Around Opponent's Net.

Playing an exhibition hockey game in aid of the Coleman Curling Club Building Fund the local juniors showed too much speed for the local intermediates and trounced them 11-7 on Tuesday evening.

The intermediates had the stars of former years on their line-up but lack of practice and competition had slowed them down and they had to give way to the dashing and brilliant play of the up-and-coming stars of to-morrow.

Juniors took the lead soon after the opening whistle when Biggun scored. He was soon followed by Lant to make it 2-0. Fleming put the intermediates in the picture with their first goal only to have Lant break away to score easily to make it 3-1.

Bill Fraser took matters into his own hands early in the second to score unassisted. The crack Rypien-Slugg-Hudz line were put on the ice and in a couple of minutes Tony DeCoco had picked the rubber three times from back of his net as Rypien scored twice and Hudz once to give the juniors a 6-2 lead. Bill Field cut this lead down with two fast goals on assists from MacDonald and Joyce.

In the third the juniors raced away once again on a scoring spree, Hudz and Rypien scoring before Bill Mozelle found the net for the intermediates. Juniors came back strong once again with Hudz scoring twice in quick succession. Moore finally got the intermediates functioning again and beat MacDonald only to have Rypien break away from a gangling attack to beat DeCoco for Juniors' 11th goal. Joyce closed the scoring late in the period by chalking up Intermediates 7th goal to finish with juniors in the lead 11-7.

A fairly good crowd was in attendance and the ice, with the exception of a few spots where the snow had been thawing on the roof and dropping on the ice, was in good shape.

JUNIORS TROUNCE INTERMEDIATES

Playing at the local arena on Sunday afternoon Coleman juniors trounced Bellevue 18-1.

Before the game, one minute's silence was observed in memory of the late Fred Slugg, who had been coach of the local team.

In their continuing victory the locals displayed some combination which provided superiority and the Bellevue sextet was outclassed by a wide margin.

On the local's line up, Biggun, Collings, Slugg, Hartz, Rypien, Lant and Omelesuk.

FATHER OF MRS. H. ALLEN DIED AT DRUMHELLER

Thomas O'Donnell, 69, manager of the Rosedale and Star Mines and a resident of Rosedale for 30 years, died Sunday morning in Drumheller hospital. Surviving are his wife, Jean, Rosedale; one son, Lieut. Thomas R. O'Donnell, with the Canadian Army overseas; two daughters, Mrs. Horace Allen, Coleman, and Mrs. Charles Park, Rosedale. Mr. O'Donnell was a member of the Masonic lodge.

Funeral services will be conducted from the Knox United church, Drumheller, Tuesday, at 2:30 p.m., after which the body will be sent to Calgary for further services to be held in Leyden's chapel, Wednesday, at 2 p.m.

The Masonic Order will conduct graveside rites prior to burial in Queen's Park cemetery. Mr. and Mrs. Allen attended the funeral.

AGRICULTURAL WORKERS AFFECTED BY MOBILIZATION REGULATION

Agricultural workers who have been granted postponement of military training to a definite date should apply for a further postponement about a month before their present one expires, if they desire further postponement from military training.

Agricultural workers who have been granted postponement "until further notice" may prejudice their rights to continue on post-ponement unless they return to agricultural employment, for which postponement was granted.

There are a considerable number of farms which are more than adequately staffed. Agricultural workers planning to return to their home farms, if such conditions exist there, may prejudice their position with regard to further or continued postponement. They are advised to obtain employment off the home farm, on a farm where essentiality is unquestioned.

Agricultural workers are advised to get in touch with the local representative of the Provincial Farm Labour Service in their home community, or if more convenient, the nearest Employment and Selective Service Office.

Canada's Food Production is Vital To The Allied War Effort. You Are Needed on The Farm.

FORMER COLEMAN LADY MARRIED AT PORT KELS

Friends here have received letters from Mrs. George Hope advising them of her recent marriage to Mr. William Twells, of Port Kels. The marriage took place on March 14, at Langley.

They are out there fighting for freedom. Let's fight back here and guarantee them the reward of a rebirth of freedom at home.

Council Budgets For An Expenditure Of \$22,418 In 1944; Tax Rate Set At 22 Mills

Chronic Tax Arrears Cases Get Undivided Attention of Council; Water Now Pure.

Regular meeting of the council was held on Monday evening. Present Mayor Antroub, Councilors Abousaffy, Cox, Dutil, Lowe, Jenkins and Ramsay.

A lady from Fifth street complained upon the manner in which ashes were being removed from her yard. Council promised to take the matter up with the ashman.

Wm. Filewich was present to protest against Constable Antle's attitude towards him when the latter called him to question the occupants of a car which had run over and killed Filewich's small dog. Following some discussion Mr. Filewich was advised that if he still wished to lay a charge against the occupants of the car which killed the dog he need only approach Magistrate Antroub who would fill out the necessary form.

Licenses once again came up for discussion. A Mr. Freeman, of Blairmore, still remains a thorn in the side of the license inspector and those engaged locally in the dry goods business.

The by-law governing transient peddlers was brought forth and when read revealed that these peddlers were supposed to pay \$25 monthly or \$300 per year. Up to the present time they have been assessed \$10 yearly. The bylaw will be given solicitor Bannan to be re-drafted. In the meantime instructions were given to have Mr. Freeman pay a license or prohibit him from peddling in town.

At long last, the report the council have waited so patiently to receive finally came to hand. The local drinking water is now pure.

A letter was received from A. J. Morrison regarding the dust nuisance. It was received and filed.

Fire Chief Antle gave his fire report. On Feb. 21 a chimney fire was discovered in the Michalski block on main street east. Examination of the chimney found it to be in poor shape. \$8 costs were incurred at this fire.

On Feb. 26 a fire on the roof of McBurney's residence was discovered by Messrs. A. Dow and J. Kerr. It was thought to

have been caused by sparks from the chimney. Costs of \$10 were incurred in this blaze.

The report revealed that in the latter fire 650 feet of hose had to be used to reach the nearest hydrant. A discussion on hydrants arose and it was decided that the Works & Property committee inspect the district on Fifth, Sixth and Seventh streets regarding hydrants and report back at the next meeting.

A letter was received from Adam Rucka, of West Coleman, who reported that due to ground sinkage his house was being damaged. Works & Property committee was authorized to inspect the property and report back to council.

A list of all town tax arrears had been prepared and was examined by council. Caveats have been placed against some of the property appearing on the list. There were however some chronic cases and they will be given the undivided attention of the council.

Signs were authorized to be placed at both the east and west ends of main street prohibiting parking of large trucks unless said trucks were discharging freight. A parking by-law passed many years ago will be enforced. The "Welcome to Coleman" sign on main street east is almost falling down. It will be torn down and will not be replaced.

The Friendly Society management will be asked to refrain from burning rubbish at the back of the store.

It was agreed by council that the town is in need of more modern fire fighting equipment. It was decided to make an effort to secure some modern equipment and secretary was authorized to write certain parties and make enquiry.

The 1944 estimates were brought up for approval. The estimates call for an expenditure of \$22,418. Some discussion was given as to whether or not the mill rate should be raised. It was finally agreed to allow it to remain the same as in past years, at 22 mills.

Cigarette Fund Notes

Dear Sirs: Thanks a million for cigarettes received.—J. A. Kulig.

Dear Sirs: Just received shipment of cigarettes. Thanks a million. Am O.K. Going on leave soon and your cigarettes are really a lifesaver.—Bill Nimcan.

Dear Sirs: Thanks for cigarettes received. Things seem to be going our way over here and maybe it won't be long before we get back. Here's hoping anyway. Say hello to the folks in Coleman for me.—Wm. Anderson.

Dear Sirs: Received your parcel of cigarettes. A million thanks. Say hello to all my friends for me. Late have met Jimmy Anderson, he did not recognize me.—S.J. Myssnuik.

Dear Sirs: Received tobacco to-day. Things are about the same here with the exception that we are getting better weather. Hope to see all within the next year or so.—Frank Kilgannon.

Dear Sirs: Thanks very much for cigarettes received. Saw young Mason a few days ago and he looks in the pink.—Mc. McNeill.

Dear Sirs: Thanks for the Sweet Caps received this morning.—Al. Kryvov.

Dear Sirs: thanks for the cigs. Much appreciated. Feeling fine and all is well.—Tex Larrimore.

Dear Sirs: Received shipment of cigarettes. Many thanks to you and all the people of Coleman who are remembering us.—A.L. McLeod.

Dear Sirs: Thanks for the smokes, they should be called Life Savers. My best regards to all in Coleman.—C. Murphy.

Dear Friends: Thanks a lot for the cigarettes which I received to-day. I am still O.K. and am having a fairly good time. I met Wesley McQuarrie in London a month ago when I was on leave.—N. Cytko.

Dear Sirs: Received your welcome gift of cigarettes and they are just coming in lovely. Also received your Xmas parcel. Give my thanks to the union.—L. A. Caroe.

Dear Sirs: Received your Feb. issue of cigarettes and boy were they a sight for sore eyes! We had an inspection by Montgomery who seems to have assumed control of the remaining portion of the Canadian Army here. Just another word to the people of Coleman: Keep the mail coming it means more to the fellows than any other form of help for the morale.—O. Hirsch.

Dear Sirs: Received your second shipment of cigs. to-day and want to thank the members of your organization for the work they are doing, and the trouble they take to get the smokes over to us. I really do appreciate them.—B. Lowe.

Dear Sirs: Received Feb. Cigarettes. Thanks a lot.—Geo. Burckell.

BIRTHDAY PARTIES

Georgeann Pattinson celebrated her second birthday on Sunday, March 26, by having a sumptuous party for her young friends. Games were played and after much merriment the youngsters were treated to a dainty lunch. The guest-of-honor received many lovely gifts.

On Friday, March 24, Marilyn Murdoch on the occasion of her seventh birthday, entertained a number of her young friends. A number of games were played

"OUR YOUTH" SLOVAK SOCIETY PRIZE WINNERS

A whist drive, sponsored by "Our Youth" Slovak Society, was held in the Catholic hall on Thursday evening. Prize winners were Mrs. K. Gajdos, Mrs. L. Brown, Mrs. L. A. Caroe and Mrs. S. Penney.

Raffle prizes which were donated by local merchants were won by: Picnic ham, James Sisk; tabacco, Evelyn Gonero; bath set, Henry Smolik; fruit set, Mr. K. Yukawa, of Shaughnessy; cash, Mrs. M. Panek; dry cleaning, Mrs. J. Jenkins; 49 flour, M. Matus; meat tray, J. Sikina, of Bellevue; vase Helen Chalka, of Lethbridge; 49 flour, Freda Spivack; dry goods, Mrs. Moresney, of Blairmore; wool, Joe Zuffa, of Fernie.

The door prize was won by Mrs. T. Ganereo.

School Board Notes

Regular meeting of the board was held on Wednesday, March 22. Present Chairman Evans, Trustees Stigler, McNeill, Holly and Vasek.

A list of tax arrears prepared by the secretary at the request of the trustees was presented and studied. Following some discussion the trustees went on record as asking the council to take every legal step to collect these tax arrears.

An insurance policy was renewed with R.R. Pattinson.

A letter, from the Red Cross asking for a donation was received and filed.

A list of supplies for 1944 was submitted by Principal Hoyle and Miss A. Yuill.

Mr. A. E. Graham was present to ask the Board's permission for the use of the auditorium. A small group of local artists, are rehearsing a play to be presented at the Lions' drama festival. Request was granted.

Principal Hoyle, in his monthly report, revealed that school attendance in February was poor. This was due to many cases of mumps and numerous cases of colds. It was rapidly improving in March.

RAIL EMPLOYEE AT FRANK RETIRES

MACLEOD, March 20—Commencing his employment as wiper at Haneville (former site of Macleod's C.P.R. depot) in 1906, James Gibson, engineer on the C.P.R. Railway on the Frank mine switch engine, retired recently, due to eye trouble, at the age of 59 after 37 years service with the company.

Mr. and Mrs. Gibson are now residing in Macleod.

In 1907 Mr. Gibson moved from Haneville to Lethbridge and was made fireman and in 1912 was made engineer at Lethbridge. He afterwards served in the capacity of engineer at Shaunavon and Frank.

Since his arrival in Canada Mr. Gibson has worked for no other than the C.P.R. He was a member of the B.L.F.E. and the B.L.E. for many years.

Mr. and Mrs. Gibson were married in England before coming to Canada and he was born in Cheshire 59 years ago. They have one boy David serving overseas, a son Fred and two married daughters in Macleod and one married daughter in Calgary. Mr. Gibson was very popular among his fellow trainmen and is well and favorably known in the past

amid much laughter following which a delicious luncheon was served. The guest-of-honor was the recipient of a number of lovely gifts. A most enjoyable party broke up shortly after nine o'clock.

Eight young friends of Terry Rose Mraz gathered at the latter's home on Thursday, March 23, to help her celebrate her fourth birthday. Several enjoyable hours were spent playing games following which they sat down to a table laden with delicacies and treated with a lovely birthday cake upon which burned four candles. The guest-of-honor received a number of lovely gifts. Upon their departure for home each of the little guests were given a beautifully decorated basket of candy.

Coleman Ladies' Nephew Wins Military Cross

Mrs. J. J. McIntyre and Mrs. Joe Hillary have recently received letters from relatives at Glace Bay containing newspaper clippings describing their nephew's feat in winning the Military Cross for outstanding action during the sharp fighting around Ortona Crossroads on Dec. 12 and 13.

Their nephew, Capt. Perry Lewis Cadegan, 30-year-old son of Mr. and Mrs. P. J. Cadegan, enlisted in 1940. The official citation reads in part: "His untiring work, his cheerfulness and efficiency under heavy shelling and small arms fire, enabled efficient communications to be available at all times. He was an inspiration to his section and to all personnel of the brigade with whom he came in contact."

He became known as "Ole Bill" when he produced a flowing moustache on the Italian front and was the fresh version of Bruce Bairnsfather's British cartoonist, comic character.

METROPOLITAN LIFE CONTINUES PROGRESS IN 1943

Ottawa, Mar. 21.—The Metropolitan Life Insurance Company, in 1943, the 75th year of its existence, issued \$2,305,262,410 of paid-for life insurance bringing to a new high of \$29,180,388,954 the Company's total life insurance in force held by more than 30,500,000 persons in Canada and the United States, and increased its assets to \$6,493,935,551 as revealed in the Company's annual business report released today.

Featured also is the fact that Metropolitan's investments in obligations of the Canadian and United States Governments had reached more than \$2,900,000,000 — of which \$580,000,000 had been purchased last year. This amount exceeded the \$488,887,975 increase reported in Company assets during 1942.

Payments to policyholders and their beneficiaries amounted to \$554,873,000 during the year—making the total successive year these payments have exceeded a half-billion dollars. These payments were at the rate of almost \$4,000 a minute of each business day during the year.

An increase of more than \$1,900,000,000 of life insurance in force was reported for 1943 over 1942. Unprecedentedly low rate of lapsation and of surrender by policyholders in both Ordinary and Industrial Departments, combined with improved writings, are reported as being responsible for this increase.

A declaration of dividends, payable in 1944, amounting to \$105,674,814 was made. This is the eighth successive year that dividends of more than \$100,000,000 have been paid. Dividends paid by the Metropolitan since its incorporation three-quarters of a century ago together with those declared for 1944 amount to more than \$2,000,000,000.

Head Office of Metropolitan Life Insurance Company reports a total of \$118,800,000 invested in War Loan and Victory Bonds to date.

Commenting on the Company's operations in Canada, Metropolitan's Vice-President in Charge of Canadian Affairs, Mr. E. J. McLeod, pointed out that Canadians had taken out \$176,849,896 of life insurance with the Metropolitan last year. This new insurance brought the total life insurance owned with the Company by its 2,240,000 Canadian policyholders to \$1,356,000,000.

During 1943, over \$27,000,000 was paid out by Metropolitan to its Canadian policyholders and their beneficiaries. In addition, Metropolitan's Nursing and other Welfare services were maintained in 1943. A total of 200,045 nursing visits were made last year to holders of Industrial, Group and other policies in Canada.

Crows' Nest Bottling Works

— BLAIRMORE —

WILL RESUME BOTTLING OPERATIONS TO-DAY, AFTER AN INTERVAL OF TWO WEEKS.

Lack of material had forced us to close.

We have installed

New Equipment

to boost up the Quality of our Product.

Among our many products you will find that ever favorite

"HIGH-N-DRY GINGER ALE" and "PEPSI-COLA"

CROWS' NEST BOTTLING WORKS

M. SARTORIS, Proprietor

Phone 293 - For Your Requirements

MAKE YOUR OWN CIGARETTES WITH

MACDONALD'S

Fine Cut

THE FINEST TOBACCO YOU EVER SMOKED

12M

Allied Naval Supremacy

THE INCREASED MOMENTUM of land and air operations has made them the main topic of news and discussion in recent months, yet it should not be forgotten that the Navy is at all times playing a very active part in the great Allied offensive. The duties of the Navy in carrying troops and supplies to the fighting fronts are stupendous, and it is also a most important factor in all amphibious operations. Mr. A. V. Alexander, Britain's First Lord of the Admiralty, recently gave some interesting information concerning the work of the Royal Navy, when he presented the naval estimates for the approval of the House of Commons. Referring to shipping losses, Mr. Alexander stated that during the second half of 1943, less than one ship in a thousand, sailing in Allied convoys, had been sunk by enemy action. This figure was compared with the losses in 1941, which were 181 in a thousand; and in 1942 when the losses were 233 out of every thousand ships.

Sub Menace Is Still Serious

A grim warning was contained in Mr. Alexander's message in regard to the submarine menace. Contrary to the opinion held by many people, that there is now no further danger from this source, the importance factor in all amphibious operations. Mr. A. V. Alexander, Britain's First Lord of the Admiralty, recently gave some interesting information concerning the work of the Royal Navy, when he presented the naval estimates for the approval of the House of Commons. Referring to shipping losses, Mr. Alexander stated that during the second half of 1943, less than one ship in a thousand, sailing in Allied convoys, had been sunk by enemy action. This figure was compared with the losses in 1941, which were 181 in a thousand; and in 1942 when the losses were 233 out of every thousand ships.

Looks Forward To Offensive

Referring to the most offensive actions which lie ahead, the First Lord said that the Navy is looking beyond the struggle in Europe to the day when the full force of our resources will be directed against Japan. "When we bear upon Japan for the final blow," he said, "our maritime forces will, more obviously than for generations past, be the cornerstone of our whole strategy. The Navy stands today in a more commanding position than it has held since 1910, strenuously preparing for further and greater responsibilities." Germany has devoted her naval efforts in this war largely towards submarine action and there have been relatively few engagements involving surface craft. In all naval actions which have taken place, however, the Royal Navy has shown that the splendid traditions of British seafanship are maintained, and the Royal Canadian Navy has likewise added honors to its already fine record.

Winston Churchill

British Premier Is In A Class All By Himself

Winston Churchill is an old Tory. He is an old Liberal. He is a rank Imperialist. He is a fervent democrat. But mainly he is a servant of those men who cannot walk into the House of Commons, or any house or place, without creating something of an electric shock, says The New York Times. He does not do this because he is Prime Minister. He is Prime Minister because he can do it.

He is Prime Minister because he has made and projected an image of what the British people wish to be in this war: there he stands and there they stand, in courage so sure that it need never plume itself; in faith as strong as the British earth from which it springs, in cheerfulness that passes smiling into the dark Valley; in honesty of purpose; in loyalty to even the most misunderstanding of friends.

IDEAL OBSERVANCE

The voluble Mrs. Spencer paused in her interminable gossip about the neighbors long enough to fix a proprietary eye on her husband and remark, "Dear, tomorrow will be our tenth wedding anniversary. I've been wondering how to celebrate it."

"Bow your head and observe three minutes of silence," replied Mr. Spencer, without looking up from his paper.

The first Canadian chess factory was established in Oxford County, Ontario, in 1864.

Approximately 44,000 thunderstorms occur throughout the world daily, according to estimates.

Drive out ACHES



Price Control And Rationing Information

Q—I am expecting my daughter and her baby to arrive from New York to live with me. How can I get ration books for them?

A.—If your daughter and the baby are staying in Canada for five days or more they are eligible for temporary ration cards; no card is good for more than 12 weeks. If they are staying longer than six months they may apply to your local ration board for a permanent ration book.

Q.—My son, who is in the services, did not receive a ration card when he left camp on leave. Will he be able to get one at the local ration board?

A.—No, all ration cards for short or long leaves must be issued by the unit before your son leaves camp. If he does not receive his ration card when he gets his leave pass, he should ask for it.

Q.—My husband is a diabetic. Is there any way in which he can obtain extra rations of butter and meat?

A.—Yes, provided he surrenders sugar coupons not required, he can apply to a branch of the ration administration for such rations. The application must be accompanied by a statement signed by a duly licensed medical practitioner identifying his disease and indicating the extra rations in specified amounts that are required by him.

Q.—I would like to know if there is a ceiling price on used cars.

A.—Definitely yes, there is a ceiling price on all sales of used cars. The price, of course, depends on the year and model of the car; if it has any extras the price would differ. Write to your nearest regional office of the Board and they will give you complete information.

Q.—Is the price of meat the same with the bone as with the bone taken out?

A.—No. Meat charts, which are displayed in butcher shops, show the difference in price for cuts containing bone and boneless cuts.

Please send your questions or your request for the pamphlet "Consumers News" or the Blue Book (the book in which you keep track of your ceiling prices) mentioning the name of this paper to the nearest Wartime Prices and Trade Board office in your province.

YOUR VIEWPOINT

When the other fellow acts that way, he is ugly; when you do, it is nerves.

When he doesn't like your friends, he's prejudiced; when you don't like his, you're simply showing you're a good judge of human nature.

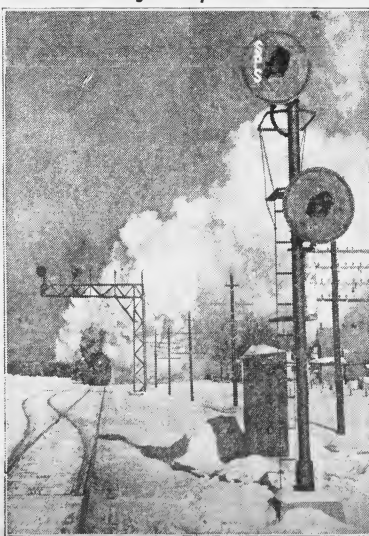
When he picks flaws in things, he's cranky; when you do, you are discriminating.

When he tries to treat someone especially well, he's toadying; when you try the same game, you are using tact.—Catholic Digest.

OIL BEARING SEEDS

Objectives for 1944 in oil bearing seed crops are — flaxseed, 2,800,000 acres, five per cent. below 1943 average; soybeans, 90,000 acres, 78 per cent. more than in 1943; rape seed, 147 per cent. above last year, and sunflower seed, 50,000 acres, a 72 per cent. increase over 1943.

New Signals Speed Trains



Safer and speedier operation of trains between Chapleau and Schreiber, Ontario—a 250-mile stretch, is assured by installation of automatic block signals at a cost of more than \$1,000,000. Over this portion of the long Schreiber division, the Canadian Pacific Railway's "bridge" between eastern and western Canada an average of 30 trains pass daily making it one of the busiest sections of the transcontinental line. Photo shows signals at the east switch of the White River yard. Train No. 4, for Toronto, is just leaving the station.

Sunflower Production

Another Worthwhile Contribution To The War Effort

Until recently the production of the sunflower in Canada was restricted chiefly to its use for ensilage in areas not suited to the production of corn, and to a lesser extent in the garden, where it served to provide seeds which were eaten much as peanuts are, or as a border flower.

Interest in the sunflower as a grain crop came about largely because of the shortage of edible vegetable oils in Canada soon after the outbreak of the present war, states Dr. T. M. Stevenson, Dominion Agrostologist, Central Experimental Farm, Ottawa.

The ensilage varieties which were tall growing and late maturing, were not suited as a grain crop in most areas. However, other types were available. Canadian plant breeders had some years prior to the outbreak of war, recognized the possibility of using the sunflower as a grain crop chiefly as a source of vegetable oil. They set about to develop varieties suitable for grain production on a large scale. They decided first of all that such varieties must be semi-dwarf in habit of growth and early maturing so that they could be harvested satisfactorily by ordinary farm machinery. Furthermore, the new varieties had to meet certain standards of perfection respecting oil content and oil quality.

The two outstanding varieties which resulted from that work are "Sunrise" and "Mennonite". Approximately 30,000 acres of these varieties were grown for grain in the prairie provinces in 1943. It is estimated that this crop will yield over 18½ million pounds of seed. This crop is capable of providing 4½ million pounds of high quality edible oil and more than 2,250 tons of excellent, high protein oil meal suitable for stock feed. In addition there will be an abundance of seed available to enable us to meet the 50,000 acre objective set for 1944.

The development and production of sunflowers for grain constitutes another worthwhile contribution from agriculture to the war effort.

Tip For The Hostess

New York Lady Found Way To Entertain Soldiers

A lady in a New York suburb invited several Anzacs to have dinner with her family. Afterwards, she asked the boys what they'd like to do—there was the ping pong table or cards, or the phonograph. But the soldiers shook their heads and one of them said:

"To tell you the truth, ma'am, we've been running a bit short on money. And these New York laundries are expensive, and..."

The lady led her guests down to the laundry room, turned on the washing machine. The visitors had a fine time.

Famous Last Words
"Well, if he won't dim his, I won't dim mine."—Kreolite News.

Buy War Savings Stamps regularly.

THE FAMOUS OLD COUGH REMEDY FOR ALL AGES

VENO'S

COUGH SYRUP

QUICK RELIEF FOR
COUGHS—COLDS
BRONCHITIS
ASTHMA
WHOOPIING COUGH
CATARRHAL ASTHMA
SIMPLE SORE THROAT

**DON'T DELAY—
BUY A BOTTLE TODAY!**

CHILDREN LOVE VENO'S

Proper Diet

Toothache Days May Now End With Use Of Vitamin D

There's no fun in a toothache—no fun certainly for the poor sufferer—and none for the one who pays the bills!

Regular dental care is of course necessary for young and old—but proper diet for mothers and children can help reduce dental bills by forming sound teeth which don't decay readily.

Dr. L. B. Pett, Director of Nutrition Services, Ottawa, explains that vitamin D is necessary so that the calcium obtained from milk and other foods can be used to form tooth enamel—which helps prevent decay.

Mothers need vitamin D before babies are born and while they are nursing and children need it from early babyhood through adolescence. Sunshine in contact with the skin in summer and fish liver oils in winter provide the sunshine vitamin D without which calcium cannot do its work of building and maintaining strong bones and sound teeth.

If children have not been getting some good source of vitamin D this winter, Dr. Pett advises mothers to start now with a daily dose of bottled sunshine, for it will be some time yet before the sun's rays are strong enough to replace fish liver oil as a source of vitamin D.

Famous Beaver Club

Canadian Boys Use Its Many Services The Year Round

Beds in the Canadian Y.M.C.A.'s London clubs and the one in Hargrove were used 189,961 times last year by Canadian servicemen. Ed Otter, senior War Services supervisor overseas, states in his annual report.

The famous Beaver club fairly overflowed with Canadians all year round, says Otter. More than 471,000 participated in the "Y" War Services program, and miscellaneous services—

which might be anything from sewing on a button to wiring flowers home—were provided on over 3,900,000 occasions. Altogether, Beaver club facilities were used by Canadians last year 3,903,265 times.

GEMS OF THOUGHT

MAN OF INTEGRITY

The integrity of men is to be measured by their conduct, not by their professions.—Junius.

The man who does his work, any work, conscientiously, must always be in one sense a great man.—Muloek.

True honesty takes into account the claims of God as well as those of man; it renders to God the things that are God's, as well as to the man the things that are man's.—C. Simmons.

The man of integrity is one who makes it his constant rule to follow the road of duty, according as Truth and the voice of his conscience point it out to him.—Mary Baker Eddy.

It is wonderful what strength and boldness of purpose and energy will come from the feeling that we are in the way of duty.—John Foster.

A mind conscious of integrity scorps to say more than it means to perform.—Robert Burns.

The use of tobacco as legal tender is as old as its cultivation; it matched gold as legal tender in colonial Virginia.

When the head of an ordinary worm is cut off, he simply grows another.

Wings Parade

List Of Recent Graduates Whose Homes Are In Manitoba

No. 11 Service Flying Training School, Yorkton, Sask.—Pilots: PO. F. S. Johnson, Souris, Man.; PO. B. M. Madden, Winnipeg; PO. E. J. Payne, Winnipeg; Sgt. L. C. Loader, Winnipeg; Sgt. E. S. Montgomery, Minnesota.

No. 7 Bombing and Gunnery School, Paulson, Manitoba.—Wireless Air Gunners: Sgt. M. Danyuk, P.O. Elbert, Sgt. W. R. Forbes, Winnipeg; Sgt. J. G. W. Kildonan, Sgt. D. G. Hudson, Dugald, Sgt. M. Sinclair, Winnipeg, and Sgt. N. G. Tashuk, Winnipeg.

No. 7 Air Observer School, Portage la Prairie, Man.—Navigators: PO. H. P. Giesbrecht, Winnipeg; PO. A. J. Harrison, Winnipeg; PO. R. H. Jones, Winnipeg; Sgt. J. V. Cortes, Winnipeg; Sgt. H. L. Fernstrom, Winnipeg; Sgt. J. Klemper, Winnipeg; and Sgt. R. A. Levesten, Winnipeg; Sgt. Bombers: PO. E. O. S. Brown, Gilbert Plains, and PO. J. H. Morphy, Winnipeg.

No. 3 Bombing and Gunnery School, Macdonald, Man.—Air Gunners: Sgt. E. B. Gilling, Winnipeg; Sgt. J. L. Hicks, Winnipeg; Sgt. T. L. Lee, Winnipeg; Sgt. R. E. McEae, Winnipeg; Sgt. A. McEae, Winnipeg; Sgt. R. E. Olafson, Winnipeg; and Sgt. R. E. Waters, Birtle.

No. 5 Bombing and Gunnery School, Dafoe, Sask.—Wireless Air Gunners: PO. W. Friesen, Winnipeg; Sgt. R. B. Holweh, Winnipeg; Sgt. W. T. King, Winnipeg, and Sgt. J. McCallum, Winnipeg.

No. 10 Air Observer School, Chatham, N.B.—Navigators: Sgt. W. K. MacLeod, Winnipeg; Sgt. M. G. Grant, Winnipeg; Sgt. S. Pelly, Winnipeg; Sgt. W. A. Russell, Lenora; Sgt. R. W. Hicks, Winnipeg.

No. 2 Flying Instructor's School, Mont Joli, Que.—Air Gunners: Sgt. J. L. Keown, Fairfax, and Sgt. N. W. G. Pratt, Holland, Man.

No. 19 Service Flying Training School, Vulcan, Alta.—Pilots: PO. J. R. Carter, Fort Garry; PO. R. R. Conklin, St. James; Sgt. C. A. Anderson, Winnipeg.

No. 4 Bombing and Gunnery School, Edmonton, Alta.—Navigators: Sgts. A. S. Dennison, Winnipeg, and H. G. Shiray, Winnipeg.

No. 37 Service Flying Training School, Calgary, Alta.—Pilots: PO. R. W. Case, Morden.

DEALING WITH STUBS

Since January 1st, 1943, ships of the Royal Navy and R.A.F. aircraft have sunk more than half of the German undersea fleet.

In the Franco-Prussian war, besieged Parisians moved 88 persons and more than four million letters out of Paris by balloon.

HAMBLEY'S CHICK-ZONE

The Life Saver for Baby Chicks. One teaspoonful per quart chicks' first drink, sterilizes tiny crop and digestive tract. 12-oz. 75¢ postpaid; 6-oz. 40¢ postpaid. Large 40-oz. size \$1.00 each, collect. 1/2-Gal. \$1.50; 1-Gal. \$2.75 collect.

J. J. Hambley Hatcheries
Winnipeg, Regina, Saskatoon, Calgary, Edmonton, Brandon, Portage, Dauphin, Swan Lake, Bowers, Abbotsford, E.C., Port Arthur, Ont.

WAGE WAR ON WASTE!
WRAP LEFT OVER FOOD IN

Para-Sani

PURE HEAVY WAXED PAPER

SAVES FOOD

Appleford PAPER PRODUCTS

BITTER FIGHTING STILL RAGES AT CASSINO AS THE GERMANS BRING UP REINFORCEMENTS

NAPLES.—Reinforced Nazi troops in Cassino, showing a more offensive spirit, have staged a brief tank sortie, it was disclosed, as the fighting in the dead town became a slug-gling match with neither side making progress.

Strengthening their hold on the Continental hotel fortress the Germans sent two tanks rumbling out into the open in front of that strong-point to lay a smoke screen, but hot Allied artillery fire drove them back. The Germans have used tanks throughout the stalemated struggle, but had dug them into cellars and wrecked buildings. Their employment marked a new feature in the Cassino battle.

The communique described the fighting as still heavy, but it was less intense than during the last 10 days when New Zealand troops, following up a tremendous Allied aerial barrage, launched their offensive to drive the enemy from the southwest edge of town. The Germans still are firmly entrenched there.

A new burst of activity indicated the enemy was regrouping his forces on the southern approaches to the town near the ducal palace, across highway 6 from the Coliseum where the German tanks previous have been drawn up for battle.

A party of litter bearers reached Hangman's hill just under the peak of Monastery hill and brought down a number of wounded men under cover of a Red Cross flag. Indian troops on the hill have been isolated for a week, supplied mostly by parachute and this was the first evacuation of wounded.

WINTERED WELL

Flock Of Mallard Ducks Spend Winter In Maple Creek Area

WEST PLAINS, Sask.—One of the interesting sights of the southwest has been a flock of mallard ducks, that spent the winter at the Wilson ranch about 50 miles south of Maple Creek, on Battle creek near Cypress lake.

The ducks are in prime condition, and they come right to the Wilson feeding yard and pick up the grain left by the cattle. They are not afraid of people, and seem to know they are among friends, for the Wilsons like all other ranchers of the southwest, are nature lovers, and game conservationists.

The P.F.R.A. constructed a weir across Battle creek to divert the spring overflow down a ditch into Cypress lake. This weir has raised the water about six feet. The additional depth of the water seems to keep it warmer, for the creek stays open for several hundred yards below this dam, and there for the winter, the ducks have found a natural water place.

SEED GROWERS AT SASKATOON

OTTAWA.—The Canadian Seed Growers Association announced that it will hold its annual meeting this year in Saskatoon, Sask., June 20 and 21. The association now is in its 40th year.

CURES EYE INFECTIONS

LONDON.—The new drug penicillin, already used successfully in healing war wounds and for other purposes, can cure severe eye infections, says the R.A.F. ophthalmic specialist, Sqdn. Ldr. Willoughbush.

DELIVERY QUOTAS ON OATS AND BARLEY ARE NOW RAISED TO 15 BUSHELS PER SEEDED ACRE

WINNIPEG.—The Canadian wheat board announced that delivery quotas on oats and barley are now raised to 15 bushels per seeded acre, and it says further increases may be expected as country elevators move stocks of these grains. The board stated that the year's total marketings of wheat, barley, oats, rye and flaxseed are expected to reach 525,000,000 bushels. Of this amount, a total of 341,000,000 bushels had been marketed up to March 17. This is 65 per cent. of the estimated deliveries for the year.

The board says that the demand for all grains continues at a high level, and producers are expected to be able to market these amounts during the balance of the crop year.

SYNTHETIC RUBBER

Will Probably Be Competitive In Price With Natural Rubber

OTTAWA.—Munitions Minister Howe said in the commons he expected synthetic rubber produced in Canada would be competitive in price with natural rubber.

Cost of rubber produced at the government plant at Sarnia, Ont., now was about 40 cents a pound compared with a price of about 41 cents for imported synthetic rubber.

In a matter of weeks it was expected to get the Canadian price down to about 20 cents a pound and eventually to perhaps 16 cents, at which level it would compete freely with natural rubber.

Mr. Howe said no war project had caused him as much worry as the synthetic rubber plant. It was a rush job which had to be undertaken when the rubber stockpile was dwindling and there seemed little opportunity of replenishing it.

The plant now was completed and getting close to full operation. There had been no "serious disappointments" in spite of limited engineering knowledge available on construction of such a plant. The project had been rushed to completion, but the cost would be within 10 per cent. of the estimated figure.

JAPAN WORRIED

Premier Admits That War Situation Has Become Very Grave

LONDON.—Premier Gen. Hideko Tojo told the Japanese diet that Japan's military position in the past few months has become grave and the empire now is facing battles which will decide its fate, the Berlin radio said.

The broadcast said Tojo told the diet:

"Through heroism, Japanese soldiers have been able to ward off the first onslaught of the Americans, but new attacks must be expected from this stubborn and tough enemy, who bases his plans on material superiority.

"These new attacks are likely to be launched with greater weight than anything experienced so far. The war situation is truly grave."

IN BASIC ENGLISH

Penny Copies Of Atlantic Charter On Sale In Britain

LONDON.—Fulfilling a recent promise by Prime Minister Churchill, the government issued through His Majesty's stationery office a basic-English version of the Atlantic Charter for sale at a penny a copy.

Here's an example how it compares with the original:

The charter reads: "First, their countries seek no aggrandizement, territorial or other."

In basic English this becomes: "First, their countries will do nothing to make themselves stronger by taking away more land or increasing their power in any other way."

MUST GROW FOOD

LONDON.—Prime Minister Eamon de Valera, warning citizens of neutral Eire of the risk entailed in depending on supplies of essential commodities from abroad during wartime, urged increased production of fuel and food at home.

Two Canadians Meet Queen



The Queen recently paid a surprise visit to the Churchill Club. Located in the heart of London, behind the famous Westminster Abbey, the Club is open to members of His Majesty's Forces, officers and other ranks. Two Canadians photographed with the Queen are, left, Lieut. W. V. MacLean, (Toronto and Winnipeg) and G. C. P. Y. Davoud (Kingston and Winnipeg).

PEACE IN FUTURE

Lies In Unity Of Great Powers To Prevent Aggression

WASHINGTON.—Hope for peace in the future lies in the unity of the great powers to prevent German aggression, "not by formal alliances but by the formulation of policies to keep in peace as we have done it in war," says Col. John Jacob Astor, publisher of the Times of London.

Britain, the United States, Russia and the other Allied powers must maintain an adequate force to guard against any surprise movement of aggressors, Col. Astor said in an interview here.

MINERAL OUTPUT

Production Value In 1943 Lower Than Previous Year

OTTAWA.—The Dominion bureau of statistics reported Canada's mineral production was valued at \$523,940,810 in 1943 against \$566,768,672 in 1942, the record year, a decrease of 7.5 per cent., according to preliminary figures.

The 1943 valuation was lower than in any year since 1939, with the decrease caused principally by a large reduction in the output of gold, the bureau said.

Buy War Savings Stamps Regularly.

Commands First Canadian Army



—Photo by Karan.
Lt. Gen. H. D. G. Crerar, commander of the First Canadian Army Corps with the British Eighth Army in Italy, has been appointed commander of the First Canadian Army, it was announced by Defence Minister Ralston.

Decorated For Rescue Of 44 From Shipwrecked Tanker



H.M.C.S. Goderich: These three have received decorations for their part in the rescue of 44 men from the hulk of a torpedoed, broken tanker during a bitter North Atlantic gale. In the centre is Lieut.-Com. R. R. Kenney, R.C.N.R., of Halifax, who, in command of H.M.C.S. Goderich, was successful in locating the wreck in spite of adverse weather. On the left is Chief Petty Officer William J. Franklin, R.C.N.V.R., of Toronto, Ont., who did yeoman work in treating survivors and on the right A.B. John J. Muir, R.C.N.V.R., of Owen Sound, Ont., who detected the hulk, low and listing in the sea, five miles away. The captain received the O.B.E. and the ratings were mentioned in dispatches.

SAME OBJECTIVE FOR SIXTH VICTORY LOAN WHICH TAKES FORM OF TWO MATURITIES

OTTAWA.—The bonds of Canada's sixth Victory loan will take the form of two maturities—a 16-year-and-one-month issue and a three-year-and-one-month issue, it was announced by Defence Minister Ralston, acting minister of finance in the absence of Hon. J. L. Hiley.

The loan campaign, which opens April 24 and will last about three weeks, has a minimum objective of \$1,200,000,000, the same as the Fifth Victory Loan drive, held last autumn. The new victory bonds will mature as follows:

An issue bearing interest at three per cent. offered at a price of 100 per cent., maturing at 100 on June 1, 1960, and a shorter issue bearing interest at 1 1/2 per cent. at a price of 100 per cent., and maturing at 100 on May 1, 1947. Both types of bonds will be dated May 1, 1944.

The first interest coupon on the three per cent. bonds is for a period of seven months, and in the case of the shorter issue, the first interest coupon is for a period of four months. Subsequent interest coupons become due every six months thereafter. This arrangement continues the practice established in the Fifth Victory Loan and avoids adding to the very heavy volume of coupons which come due in May and November.

"There is every indication," said Mr. Ralston, "that Canadian forces overseas will participate in even heavier fighting during the months to come. It is, therefore, the duty, the responsibility, and the privilege of Canadians in every walk of life to participate to the very limit in the Sixth Victory Loan, and in so doing support the men who are fighting for us."

JAP SHIPS SUNK

LONDON.—Summarizing submarine actions of the eastern fleet, a British naval affairs announcement said a Japanese cruiser of the Kuma class, a 7,000-ton aircraft carrier, eight supply ships and several small naval craft have been sunk since the first of the year.

Receives Promotion



—Canadian Army photo.
Acting Major General G. B. Howard, whose promotion from the rank of Brigadier has been announced by National Defence Headquarters. Concurrently with his promotion Major General Howard was appointed Controller General and Chairman of the Inspection Board of the United Kingdom and Canada.

PILOT WAS LUCKY

Managed To Get Noseless Flying Fortress Home From Germany

A BOMBER BASE IN BRITAIN.—Despite a blinding snowstorm, a pilot flew his noseless Flying Fortress back from Frankfurt after a freak accident in which three bombs from another B-17 hit the plane.

The three bombs failed to explode but they knocked off the nose and killed the bombardier. Snow blown through the open nose by a 70-knot headwind covered the pilot and the co-pilot.

OTTAWA.—Approximately 43,500 trainees have been received at No. 2 R.C.A.F. training depot, Brandon, Man., since the start of the war, Air Minister Power said.

INDUSTRIAL DEVELOPMENT BANK IS PROPOSED TO REVISE THE CANADIAN FINANCIAL SYSTEM

OTTAWA.—Success in maintaining a high national income and maximum employment in Canada after the war will depend upon the policies of governments in the domestic and international field. Dr. W. C. Clark, deputy minister of finance, told the banking and commerce committee of the House of Commons, in the course of a statement in which he characterized the proposed industrial development bank as one of several steps to be taken in revising the Canadian financial structure.

The industrial development bank he said, would cover a gap in the existing financial structure, providing a short term money market for medium-sized and small enterprises. He said other new features of the banking system would be the control

mortgage bank provided for just before the war and not yet set up, or something like it, to furnish long term loans; an export credit bank, to facilitate exports; and a farm credit institution.

But one of the main tasks of the committee will be to overhaul the foundation of the Canadian banking system in the bank act. With the new features suggested by Dr. Clark, the committee contemplated possibly the most comprehensive reconstruction of Canada's financial and monetary structure since confederation.

Press observers saw signs that a full scale examination of Canadian banking policy, probably running for months, was in sight.

OTTAWA.—Securities of the proposed industrial development bank will sell on about the same basis as government-guaranteed bonds. Graham Towers, governor of the Bank of Canada said before the commons banking committee.

Mr. Towers said the gap in the financial structure which the industrial bank was designed to fill had grown greater in recent years. Formerly it was possible for small businesses to get capital from individuals. Now the amount of savings individuals had for investment was affected by income tax. Individuals also had to consider how their estate could be converted into cash and minority interests in small businesses were often not really convertible.

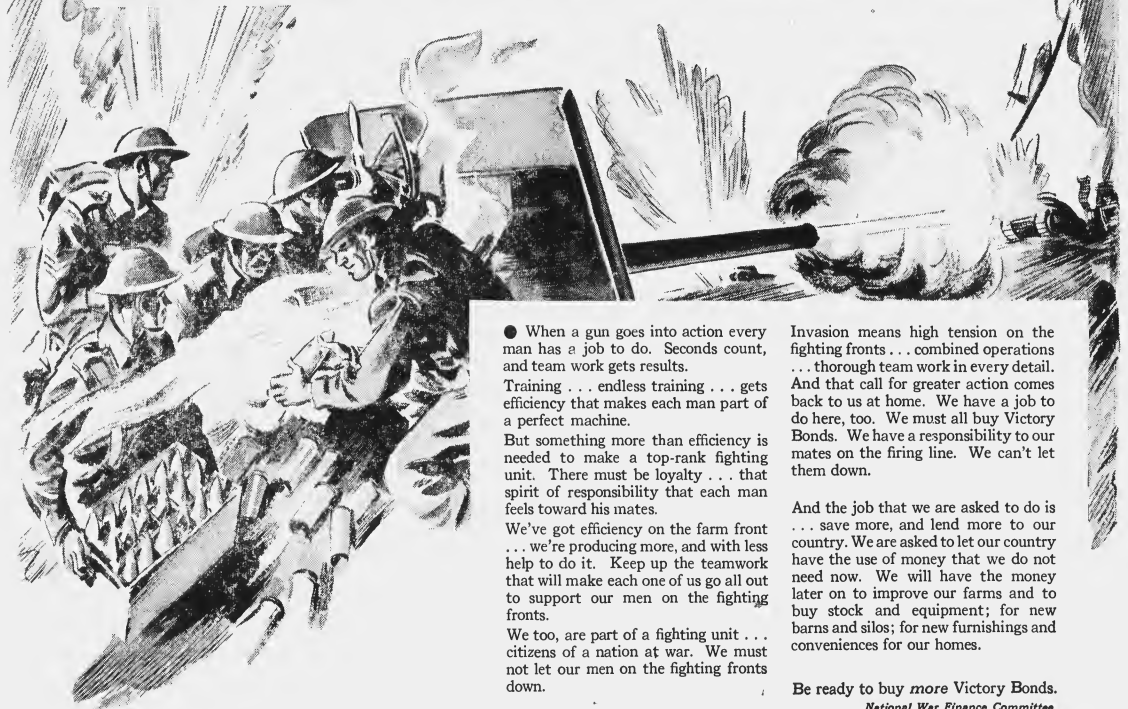
"In other words, we are taxing ourselves out of private enterprise and into a state of public ownership or public aid," said G. G. McGeer (Lib. Vancouver-Burrard).

"I think there is a tendency in that direction," said Mr. Towers.

NEW SOVIET ENVOY

OTTAWA.—An external affairs department spokesman confirmed that G. N. Zarubin has been appointed Soviet ambassador to Canada, succeeding Fedor Gusev, then Soviet minister to Canada who was appointed ambassador to Great Britain in August, 1943.

On the Home Front too...



● When a gun goes into action every man has a job to do. Seconds count, and team work gets results.

Training... endless training... gets efficiency that makes each man part of a perfect machine.

But something more than efficiency is needed to make a top-rank fighting unit. There must be loyalty... that spirit of responsibility that each man feels toward his mates.

We've got efficiency on the farm front... we're producing more, and with less help to do it. Keep up the teamwork that will make each one of us go all out to support our men on the fighting fronts.

We too, are part of a fighting unit... citizens of a nation at war. We must not let our men on the fighting fronts down.

Invasion means high tension on the fighting fronts... combined operations... thorough team work in every detail. And that call for greater action comes back to us at home. We have a job to do here, too. We must all buy Victory Bonds. We have a responsibility to our mates on the firing line. We can't let them down.

And the job that we are asked to do is... save more, and lend more to our country. We are asked to let our country have the use of money that we do not need now. We will have the money later on to improve our farms and to buy stock and equipment; for new barns and silos; for new furnishings and conveniences for our homes.

Be ready to buy more Victory Bonds.
National War Finance Committee

EVERY ONE HAS A JOB TO DO

Lend to fight and win.

DIRECTORY

BUY from those firms whose cards appear under this heading. They are loyal supporters of Coleman institutions and merit your business.

SUMMIT LODGE

No. 30, A. F. & A. M.
Regular meetings held first Thursday of each month at 8 p.m. Visiting Brethren cordially invited.

N. E. MacAulay, W. M.
Maurice W. Cooke, Secretary.

Grand Union Hotel

Modern Fully Licensed
Coffee Shop In Connection
L. S. RICHARDS — Manager

MODERN ELECTRIC

RADIO REPAIRS—
RADIO TUBES—
FREE TESTING—
Electric Wiring and Alterations
Westinghouse Dealer

EAT AT

COLEMAN CAFE

BEST MEALS IN TOWN
CLOSED EVERY MONDAY
Open Tuesday to Sunday
Hours: 6 a.m. to 10:30 p.m.



J. M. CHALMERS
Jeweler

Have You Secured Ration Book No. 4?

Persons residing within the town of Coleman and district should take heed if they have not already secured Ration Book No. 4. Antrobus' office is open till 8 o'clock to-night to distribute ration books. Those failing to secure them by that hour will be without books till April 17.

COFFEE?

Buy the Bag with the Blue Ribbon on it!



Exchange your BLUE RIBBON COUPONS FOR WAR SAVINGS STAMPS

BLUE RIBBON
COFFEE—A Quality Product Moderately Priced

E. K. Stewart, of Fernie, Died At Calgary.

Fernie lost one of its leading citizens at the week-end when the death occurred at a Calgary hospital of E. K. Stewart.

Deceased had been a most active citizen and was connected with the large Trites Wood store. Many local citizens knew him as a curler as he had attended numerous bonspiels in this end of the Pass. Funeral was held in Fernie on Wednesday afternoon.

Lethbridge Business Visitors

Frank Abousafy and Wilf Dutil, of Coleman, Sam McDowell, of Blainmore, and Bill Cole, of Bellevue, motored to Lethbridge to attend a Public Relations meeting on the Sixth Victory Loan.

Coleman Sailors Meet in London

In a letter received here recently it has been revealed that two local sailors, Tony Coccione and Joe DeLuca met in London, Eng. Tony had just returned to his home base after a trip on the North Sea and both boys were extremely happy to meet someone from the Old Home town.

"Marse" Henry Obliges "Marse" Henry Watterson, owner and publisher of the Louisville Courier-Journal in the old days, was the despair of his accounting department. When he needed a bit of spending money, the old gentleman had a habit of going down stairs to the business office, opening the cash drawer and taking what he wanted.—e Finally a young bookkeeper, after trying to balance the records, cracked a promise from the penitent "Marse" Henry. "All right, young fellow," he said, "the next time I take out money I'll put in a slip." True to his word, Mr. Watterson, on his next foraging expedition, duly filled out and deposited a memo. It said eloquently: "Took it all!" —Quote.

LOCAL NEWS

Mrs. Jack Rogers entertained at three tables of bridge on Saturday evening, March 18. Honors were won by Mrs. A. B. Westworth, Mrs. O. Smith and Mrs. E. Allen.

Harry Boulton and his assistants are in Calgary this week attending a provincial forestry school. Forest rangers throughout the province are in attendance.

Mr. and Mrs. R. Lloyd have received a letter from their son, Jim, informing them of his safe arrival in Italy.

Mrs. S. J. Ford and Mrs. J. Shields left for Calgary on Wednesday. Before returning home they plan on visiting Mr. and Mrs. A. L. Watkins at High River.

- Spotighting -



LANCE BOMBARDIER ROBERT JENKINS

Son of Mr. Robert Jenkins. Born in Coleman, August 19, 1918. Educated in local schools. Employee of International. Married Miss Margaret Houghton, of Coleman, Oct. 14, 1939, and is tel father of a young son, Robert. Enlisted with the R.C.A., Sept. 28, 1940. Went overseas in December, 1940. Now based in Sicily.

A Thumbnaill Biography presented by

The Friendly Store
MEATS AND GROCERIES
Phone 13 Coleman

ENCOURAGE SAVINGS



In wartime, every man, woman, and child is expected to share their part of the burden forced upon us. True—we cannot all wear uniforms and take our places on the fighting fronts but we CAN contribute our pennies and dollars which are needed just as urgently as our ships, planes, guns and tanks.

We do not regard a penny as being of much use in our daily lives, but just 25 of these will buy a War Savings Stamp. That Stamp will buy six rifle bullets which mean the liquidation of six of our enemies and the saving of the lives of your sons, brothers, or husbands, and the protection of your own life. Thirty-three pennies will buy a package of cigarettes—or a half pound of candy. Just think! Where should you spend them?

When you have bought 16 stamps they will be accepted as payment for a War Savings Certificate. This will provide 100 rifle bullets, 2 hand grenades, or 3 medical kits. It would also buy a bottle of cheap liquor, or a permanent wave. Which is most important in times of crisis?

Buy War Stamps and Certificates

This space donated by

McGillivray Creek Coal & Coke Co., Ltd.

and

International Coal & Coke Co., Ltd.

FINANCIAL

PERSONAL LOANS

for Taxes, Fuel Purchases and other Seasonal Needs

ONE YEAR TO REPAY

Apply to the nearest branch of

THE CANADIAN BANK OF COMMERCE

Monthly Deposits Provide

for Repayment

| If you Borrow | You Receive | You Make 12 Monthly Deposits of |
|---------------|-------------|---------------------------------|
| \$ 40 | \$ 55.87 | \$ 5.00 |
| \$ 96 | \$ 97.71 | \$ 8.00 |
| \$144 | \$134.80 | \$12.00 |
| \$192 | \$179.92 | \$16.00 |
| \$240 | \$230.54 | \$20.00 |
| \$288 | \$280.54 | \$24.00 |

Other Amounts at

Proportionately Low Rates

YOUR ESTATE IS PROTECTED BY

LIFE INSURANCE, WHICH THE

BANK ARRANGES

Help your country to victory—enlist now!



The Churches

ST. ALBAN'S CHURCH

Rev. J. R. Hague, A.Th., Incumbent.

2 p.m., Sunday school.

7 p.m., evensong and sermon.

ST. PAUL'S UNITED CHURCH

(G. A. Kettyle, Pastor)

Morning worship at 11 a.m.

Sunday school at 12:15

Evening Worship at 7 p.m.

The C.G.I.T. will conduct the Sunday evening service; it will include an Easter Pageant.

THE SALVATION ARMY

Lieuts. S. Nahrney and R. A. Hammond, Officers in charge.

Sunday Services:

11 a.m.—Holiness meeting.

3 p.m.—Sunday School.

7:30 p.m.—Salvation meeting.

Tuesday:

7:30 p.m.—Red Shield Auxiliary and Home League.

LOCAL NEWS

Harry Pakinson, based at Red Deer, is spending a furlough at his home here.

Born: To Mr. and Mrs. Thomas J. Costigan, nee Beatrice Trono, of Blairmore, on Thursday, March 23, a son.

Bandmaster and Mrs. Fred Beddington, of Lethbridge, Bandsman Freddy and Roy Beddington, of Red Deer, are visiting relatives here.

The Journal acknowledges with thanks the re-newal subscriptions received during the week from Mrs. A. Irvine, of Vancouver, and Mrs. C. J. Devine, of Cadomin.

Miss Mary Atkinson, R.N., who has been on the staff of the local hospital for the past few years, left on Saturday afternoon for Toronto where she will take up residence.

Mrs. R. R. Pattinson and young daughter, Georgeann, returned home last Thursday after visiting for a few days at the home of the former's parents, Mr. and Mrs. H. T. Halliwell, of Macleod.

Dick Slogg is a hospital patient.

Miss Edith Haysom is spending a holiday at Vancouver.

Mrs. George Snod and daughter of Calgary visited in town during the week-end.

Mrs. H. Newsome has as her guest her sister, Mrs. M. Heath- ington, of Calgary.

Mr. Martin Pollo left on Monday morning for Banff where he will receive treatment for a knee injury.

Pte. "Chick" Roughhead, of Red Deer, was the week-end guest of his parents, Mr. and Mrs. Wm. Roughhead.

Mrs. S. Penney, Mrs. E. Hill Mrs. S. Ford and Mrs. J. Glendenning are in Calgary this week attending a Pythian Sisters convention. They were accompanied to the city by Pte. Chick Roughhead and Mrs. Penney's daughter Sheila who continued on to Red Deer where the latter will spend four days with her sister, Mrs. C. Roughhead. Pte. Roughhead is based at Red Deer with the Army band and will shortly go on tour to aid the Victory Loan drive.

Pay and Save

Excel Builders' Supply Company

EXTERIOR AND INTERIOR DOORS, Good Quality Wood
PHONE 263 COLEMAN

ANNOUNCEMENT

I have leased the premises immediately west of the Frank Aboussafy store, main street, and am now ready to receive Bicycles, Tricycles and Baby Buggies in need of repair. I am also equipped to repair Light Furniture.

EXPERT WORKMANSHIP. ALL WORK GUARANTEED

McMullen Bicycle Repair Shop

Main Street Coleman

Realism...now and after the war

WE hear a great deal these days about postwar planning. Some of it seems sound and practical, and some of it is "crystal gazing."

While literally hundreds of public and private agencies are thinking of postwar planning, there are a few things that realistic individuals are sure of. They know that first and foremost the war has to be won and nothing should interfere with all-out efforts toward this end.

They know that economic tides ebb and flow; that the future, like the past, will experience good times and bad; that when bad times come, many people will face economic hardships.

They know that they, like everyone else, are growing older;

that the life of any individual is uncertain; and that in accordance with the immutable laws of nature, heads of families will continue to pass on.

Knowing these things, some 30 million people insured by Metropolitan in Canada and the United States are providing definite measures of protection against these uncertainties of life through some 29 billion dollars of life insurance.

In addition to providing an anchor to windward for the individuals involved and for their families, the thrift of these policyholders is bound to be of a stabilizing character during the postwar period.

This is Postwar Realism of the highest order.

HIGHLIGHTS OF 1943 OPERATIONS IN CANADA

These highlights of the Company's business in the Dominion during 1943 will be of particular interest to Metropolitan Canadian policyholders and their beneficiaries.

Investments in Canada:

| | |
|-------------------------------------|-------------------------|
| Dominion Government Bonds | \$172,333,733.01 |
| Provincial and Municipal Bonds | 89,749,717.58 |
| All other investments..... | 97,136,407.96 |
| | \$359,119,858.55 |

Included in the above figures are Victory and War Loan investments of \$112,500,000.

Payments to Canadian Policyholders and their beneficiaries during 1943—\$27,367,584.22.

The total amount the Metropolitan has paid to Canadians since it entered Canada in 1872, plus the amount now invested here, exceeds the total premiums received from Canadians by more than \$222,000,000.

Life Insurance in Force in Canada, end of 1943:

| | |
|-----------------|------------------------|
| Ordinary..... | \$869,942,347 |
| Industrial..... | 544,454,005 |
| Group..... | 141,615,017 |
| | \$1,556,011,369 |

Number of policies in force in Canada, end of 1943—2,885,905.

Paid-for Life Insurance issued in Canada during 1943—\$176,849,836.

BUSINESS REPORT FOR 1943

OBLIGATIONS TO POLICYHOLDERS, BENEFICIARIES, AND OTHERS

| | |
|---|---------------------------|
| Policy Reserves Required by Law | \$5,537,595,481.67 |
| This amount, together with future premiums and interest, is required to assure payment of all future policy benefits. | |
| Policyholders' Funds | 255,604,009.54 |
| Policy proceeds and dividends left with the company at interest to be paid out in future years. | |
| Reserved for Dividends to Policyholders | 105,674,814.80 |
| Set aside for payment in 1944 to those policyholders eligible to receive them. | |
| Other Policy Obligations | 52,027,949.91 |
| Claims in process of settlement, estimated claims not yet reported, premiums paid in advance, etc. | |
| Taxes Due or Accrued | 50,523,324.00 |
| Includes estimated amount of taxes payable in 1944 on the business of 1943. | |
| Reserve for Investments | 62,347,000.00 |
| To provide against possible loss or fluctuation in their value. | |
| Miscellaneous Liabilities | 23,495,304.45 |
| TOTAL OBLIGATIONS | \$6,057,867,833.57 |

ASSETS WHICH ASSURE FULFILLMENT OF OBLIGATIONS

| | |
|--|---------------------------|
| Government Securities | \$2,353,375,600.15 |
| U. S. Government | \$2,181,141,867.14 |
| Canadian Government | 172,233,733.01 |
| Other Bonds | 2,028,916,055.62 |
| U. S. State and Municipal | 48,213,934.88 |
| Canadian Provincial and Municipal | 89,749,717.58 |
| Railroad | 547,354,089.75 |
| Public Utilities | 829,416,829.35 |
| Industrial and Miscellaneous | 514,181,494.06 |
| Stocks | 87,370,538.01 |
| All but \$680,138.00 are Preferred or Guaranteed. | |
| First Mortgage Loans on Real Estate | 924,476,078.57 |
| Farms | 87,981,134.22 |
| Other Property | 836,494,944.35 |
| Loans on Policies | 408,746,108.58 |
| Made to policyholders on the security of their policies. | |
| Real Estate Owned | 366,977,963.12 |
| Includes \$59,821,109.96 real estate under contract of sale and \$143,580,643.66 Housing Projects and real estate for Company use. | |
| Cash | 135,436,989.00 |
| Other Assets | 158,304,218.48 |
| Premiums due and deferred, interest and rent due and accrued, etc. | |
| TOTAL ASSETS TO MEET OBLIGATIONS | \$6,463,803,551.58 |

Highlights of 1943 Operations

Life Insurance in Force, End of 1943 : \$29,180,396,994.00
Paid-for Life Insurance Issued During 1943 : 2,305,262,410.00
Amount Paid to Policyholders During 1943 : 554,873,243.55

Metropolitan Life Insurance Company

(A MUTUAL COMPANY)

HOME OFFICE: NEW YORK

CANADIAN HEAD OFFICE: OTTAWA

EDWIN C. McDONALD, Vice-President in Charge

FREDERICK H. ECKER
Chairman of the Board

LEROY A. LINCOLN
President

METROPOLITAN LIFE INSURANCE CO.
Canadian Head Office, Ottawa.

Gentlemen:

Please send me a copy of your annual report to policyholders: "Serving in the War—Building for the Peace."

Name.....

Street and Number.....

City..... Prov.....

Army Nursing Head



—Canadian Army photo.

Principal Matron (Major) Dorothy I. MacRae, R.N.C., of Gouda, Que., whose appointment as Matron in Chief of the Royal Canadian Army Medical Corps Nursing Service and promotion to the rank of Lieutenant-Colonel has been announced. She succeeds Colonel Elizabeth L. Snellie, C.B.E., R.N.C., whose retirement from the R.C.A.M.C. and return to the Victoria Order of Nurses for Canada took place on March 23.



CONTROL OF INFECTIONS

The gentle hand over the mouth, when one coughs or sneezes, is quite ineffective in checking the spread of the common respiratory diseases, the Health League of Canada said, in urging the observance of simple rules of hygiene. Covering the sneeze or cough with a handkerchief is good hygiene as well as good manners, it was stated.

When a person coughs or sneezes he ejects droplets of varying size, most of which fall to the ground within a few feet of the individual. These droplets usually contain thousands of bacteria; for example, from one sneeze 17,000 colonies of bacteria were grown on a plate of culture medium held three feet away. If the sneezing person is suffering from an infection like the common cold, or measles, or sore throat, he will expel many infective droplets, so that anyone in close proximity is liable to be infected. Many diseases other than those that affect some part of the respiratory system are spread by this droplet or spray infection.

Some of the droplets are so small, or quickly become so by evaporation, that they remain suspended in the air like smoke particles and may be carried considerable distances by air currents. These droplets, therefore, infect persons in the same room, hospital ward or theatre, although these people are not in close contact with the culprit.

Most of the droplets fall to the ground and become dried. If exposed to daylight or sunshine, many infective bacteria in the droplets may soon be killed, but inside a building they are protected from the germicidal rays and may remain alive for weeks. Whenever there is much movement in the air, as by sweeping or dusting or by bedmaking, the infected dust-particles are raised into the air and inhaled by persons present.

Generally, the Health League stated, the infective person is most dangerous in the early stage of the disease, but many continue to be infective after they have recovered. Such persons have been called convalescent carriers.

Individual use of handkerchiefs and dust control were recommended as methods of controlling infection.

BROADCASTING OUTFIT

When Gen. Sir Bernard Montgomery leads British invasion forces into Europe, he will take with him a complete broadcasting house on wheels. Named "Golden Arrow," after the pre-war Paris boat train, the broadcasting unit comprises seven vehicles: a transmitter, a receiver, two generators, two trucks and an officers' car.

CASUALTY POSTCARD

A Canadian army priority casualty postcard has been authorized to enable next-of-kin in Canada to receive personal notification from casualties in hospital overseas as soon as possible after receipt of the casualty telegram, the post office department announced.

WORLD HAPPENINGS BRIEFLY TOLD

The Polish army corps in the Soviet Union has been elevated to the status of a Polish army.

The King recently accepted the gift of a seven-foot sturgeon, caught by net in the Moray Firth.

Loss of the destroyer H.M.S. Mah-ratta, commanded by Lt.-Cmdr. E. A. R. M. Drought, D.S.O., R.N., was announced by the admiralty.

Group Capt. Frank Whittle, inventor of the jet-propelled airplane, has been elected a fellow of the Royal Aeronautical Society.

An appeal has been launched for \$12,500 for the restoration of the fabric of Bristol cathedral. The 800-year-old cathedral was damaged during the blitz.

Canada's national income in January was estimated tentatively by the Dominion bureau of statistics at \$718,000,000, compared with \$687,000,000 in January, 1943.

Production of farm eggs in Canada in 1943 totalled 315,027,000 dozen against 280,253,000 in 1942 and 221,737,000 in 1939, the Dominion bureau of statistics reported.

The Moscow home radio says that Yugoslav patriot activity under Field Marshal Josp Broz (Tito) cost the German army 43,000 men during the winter campaign of December and January.

Approximately 30 varieties of soybeans are grown on farms in the North American continent. It is estimated that there are more than 2,000 varieties of this bean, a native of China, in the world.

Outstanding Work

Many Thousands Of Dogs Doing Important Job In War

Over in Washington the U.S. War Department has ruled that appropriate citation may be published in unit general orders, in the case of war dogs performing meritorious service. The work of war dogs on many fronts, especially in the islands of the Pacific, has been outstanding. Nearer home other dogs play the role of sentry at important fields, vehicle parks and military installations. More than 20,000 are now in service and more thousands are in training.

WITHOUT HESITATION

First (to grass widow)—"How do you feel after your divorce?"
Second—"Like a new man."—Crucible.

THIS CURIOUS WORLD

By William Ferguson



REG'LAR FELLERS—Ounce of Prevention

JUST FINK, PINHEAD—I HAD MY FORTUNE TOLD ON MERRILL'S WEIGHING MACHINE!

SO WHAT?

IT SAYS HERE THAT I'M GONNA MARRY A MAN WITH BLACK HAIR!

WELL, GO ON AN MARRY HIM WHAT'S IT TO ME?

YOU DON'T KETCH ON, PINHEAD! YOUR HAIR ISN'T EXACTLY GRAY, YOU KNOW!

OH, BOY! I HOPE POP ISN'T USIN' HIS ELECTRIC RAZOR!

GOSH!

1-23-43

Today's INFANTRY versatile—fast moving!



TRUCK TRANSPORT

Those brawny legs the infantry used in the last war are still one of the prime assets of the infantry today. But now they are complemented with equally resilient rubber tires on big, troop-transporting trucks. The use of transport trucks for long hauls has turned the infantry into Storm Troopers, striking hard at one spot, shifting quickly and dealing a vital blow in another section of the enemy's defenses.

Too, the trucks are used as a means of rapidly developing a company of infantry across a wide front. The men drop at the vehicle at spaced intervals while it hunches across the uneven terrain. They land ready to fight, preparing their advance under protective camouflage of swirling clouds of smoke. Their attack will be deadly, equipped as they are with several types of rapid-fire weapons, mortars, and light artillery. They are Shock Troops in every sense of the word.

INFANTRYMEN "DEBUS" DROP FROM MOVING LORRY UNDER COVER OF SMOKE.

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A Long Zipper

Twenty-Foot Gadget Fastens New Type of Sleeping Bag

A zipper twenty feet long, one of the longest of these gadgets ever manufactured, is the fastening device for a new type of sleeping bag developed by the U.S. Army Quartermaster Corps for evacuation of wounded soldiers by air, or by ambulance in cold climates. The bag, weighing twenty-four pounds, consists of two feather-quilted mattresses held together by a glide fastener extending around the four edges.

A mosquito boat is a fast motor boat, used chiefly against large naval vessels.

SUNDAY SCHOOL LESSON

APRIL 2

SAUL BECOMES A NEW MAN

Golden text: If any man is in Christ, he is a new creature. II Corinthians 5:17.
Lesson: Acts 9:1-19, 22:16-18; 26:12-20.
Devotional Reading: I Timothy 1:12-17.

ACTS 9: Saul, yet breathing threatening and slaughter against the disciples of the Lord, went unto the high priest, and asked of him letters to Damascus unto the synagogues, that he might find any that were of the Way, whether men or women, he might bring them bound to Jerusalem. And as he journeyed, it came to pass that he drew nigh unto Damascus; and suddenly there shone round about him a light out of heaven; and he fell upon the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me? And he said, Who art thou, Lord? And he said, I am Jesus whom thou persecutest; but rise, and enter into the city, and it shall be told thee what thou must do. And the men that journeyed with him stood speechless, hearing the voice, but beholding no man. And Saul arose from the earth; and when his eyes were opened, he saw nothing; and they led him by the hand, and brought him into Damascus. And he was three days without sight, and did neither eat nor drink.

But Ananias answered, Lord, I have heard from many of this man, how much evil he did to thy saints at Jerusalem; and here he hath authority from the chief priests to bind all that call upon thy name. But the Lord said unto him, Go thy way; for he is a chosen vessel unto me, to bear my name before the Gentiles and kings, and the children of Israel; for I will show him how many things he must suffer for my name's sake.

And Ananias departed, and entered into the house, and laying his hands on him said, Brother Saul, the Lord, even Jesus, who appeared unto thee in the way which thou camest, hath sent me, that thou mayest receive thy sight, and be filled with the Holy Spirit. And straightway there fell from his eyes as it were scales, and he received his sight; and he arose and was baptized; and he took food and was strengthened.

ROMANS TRIED IT

The ancient Romans are now credited with having tried all the restrictions of scarcity, such as rationing, the freezing of man power, wages and what not. A college professor says that those measures were known as the "Theodosian Code."

Britain Buys Tea

Purchased On Behalf Of The Dominions And Allied Countries
The British Ministry of Food "has bought up the whole of this year's exportable surplus of tea from India, Ceylon and East Africa," the B.B.C. said.

"The tea has been bought on behalf of the dominions and Allied and neutral countries, and the present ration in Britain, half a pound a month, will not go up," added the broadcast, recorded by C.B.S.

DIG AT THE NAZIS

Reports from Norway indicate that Oslo's tram cars are filled to capacity these days. The Norwegian conductors are equal to the situation, however, and instead of the customary, "Step back in the car," take delight in giving the following advice to their passengers:

"Please, retire according to plan."
—Christian Science Monitor.

British Art Show

Canada Is Well Represented At The National Gallery

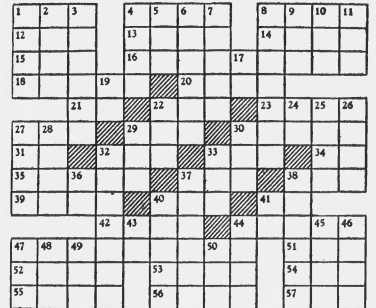
The R.C.A.F. is well represented in the exhibition of pictures by Canadian official war artists at the National Gallery in London. Of 60 pictures, 17 are water colors and oils by F.O.'s Carl Schaefer, Eric Aldwinckle, Paul Gorman and Edwin Holgate of the R.C.A.F.

DOMINION DAY HOLIDAY

The Toronto Star says: Commencing with 1943, Dominion Day was to be celebrated on the first Monday in July as a wartime measure. Before July came around, however, the proposal was abandoned and the holiday was observed on the usual date. It is announced that it will be observed this year—on Saturday, July 1—although some of the calendars issued for 1944 have July 3 marked. The "first Monday" proposal has evidently been dropped for good.

X-X OUR CROSSWORD PUZZLE X-X

No. 4874



HORIZONTAL

1 To forbid
4 Handle
8 Plum-like fruit
12 Moslem name
13 To grant the temporary use of
14 Mistle
16 Youth
18 Temporary cessation of hostilities
19 King who was given "the golden touch"

20 Conspiracy
21 Behold!
22 Beverage
23 Venezuelan tree-snake
27 Ibsen heroine
29 Cravat
30 Long-necked wading bird
31 Symbol for calcium
32 The sun
33 To spread for drying
34 Symbol for tellurium
35 Inquisitorial person
37 Female pig

VERTICAL

1 Soothing application
2 Turkish regiment
3 To perforate, as with shot
4 Cry of sorrow
5 Conjunction
6 To examine
7 Feeble-minded
8 Calm
9 Garland
10 Grampus
11 To watch
12 Therefore

19 Indo-Chinese language
22 To be sick
24 Conjunction
25 Repetition
26 The dill
27 Pang
28 Gorman river
29 Plaything
30 To carve
32 Small sparkling object
33 To haul
36 Japanese measure
37 Sally of troops from a besieged place

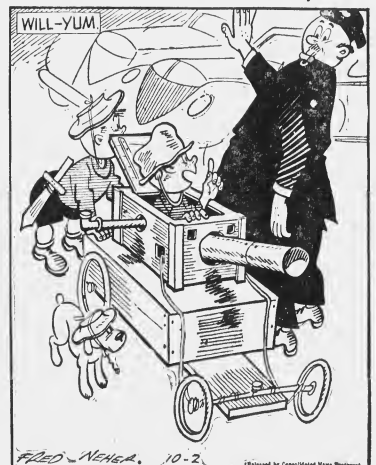
38 Gushing flow
39 Silkworm
40 In what way
41 Sun god
42 Adjacent
44 Fictional
47 Animals
51 Biblical name
52 Sinful
53 Dagger
54 Preterite, three
55 Produced
56 Japanese coin
57 Poetic: in that place

Answer to No. 4873

ARISE MORON
SCHOOL OFFICER
ATOP FASTER
LOVE TO POLICE
ARMOR FOR A
SANDALHORN
STAGHORN
ASTA WUNDER
CLEP SORLAPSE
UPPER PANAMA
REARER TENDR
ANASS ODRON

LIFE'S LIKE THAT

By Fred Neher



"Did a coaster wagon full of Japs go by here?"

BY GENE BYRNES

JUST FINK, PINHEAD—I HAD MY FORTUNE TOLD ON MERRILL'S WEIGHING MACHINE!

SO WHAT?

IT SAYS HERE THAT I'M GONNA MARRY A MAN WITH BLACK HAIR!

WELL, GO ON AN MARRY HIM WHAT'S IT TO ME?

YOU DON'T KETCH ON, PINHEAD! YOUR HAIR ISN'T EXACTLY GRAY, YOU KNOW!

OH, BOY! I HOPE POP ISN'T USIN' HIS ELECTRIC RAZOR!

GOSH!

1-23-43



YOU'RE A
WHIZZ OF
A COOK

ROYAL'S
A WHIZZ
OF A
YEAST!

MAKES GORGEOUS
TASTY BREAD—
NO COARSE HOLES—
NO DOUGHY LUMPS



Airtight wrapper
protects strength
and purity
ALWAYS DEPENDABLE!

GARDEN NOTES

Transplanting

Successful transplanting depends on two factors (1) the purchase of good, healthy, stout stock, and (2) exposing the roots as little as possible to the air. Set out stock on a dull day or in the evening, say the experts. Firm down the earth well around the plant, tree or whatever is being transplanted, and water well. With big trees—six or seven feet high—this may mean a half of water each, and every few days if possible. With small things like tomatoes or cosmos, a pint or so around each plant will be sufficient. Earth around the roots should be fine and of good fertility, and it should be kept well cultivated while the plant is getting established.

There is a lot of transplanting connected with gardening. In vegetables a great many things such as cabbage, celery, tomatoes and peppers are usually bought as started plants from seedsmen or greenhouses and set out in permanent quarters, while almost any flower—petunia as well as annuals—can be purchased in this way. The same, of course, applies to all nursery stock, fruit and ornamental trees, shrubbery, roses, vines, etc.

Vegetables Needed

The authorities are warning that shortages of vegetables are possible this summer. Consumption, due to greatly increased employment in the war factories, has been going ahead by leaps and bounds, and the market gardens on the outskirts of the big cities are getting smaller because it is so difficult to get help and machinery.

First Planting

There are some things which must get their first growth while the weather is cool and moist. In this line, of course, are shrubs, vines and trees and other nursery stock. One can hardly plant these too early.

There are also those flowers which normally seed themselves, things like cosmos, corn flowers, marigolds and alfalfa. Grass is also in this category. In vegetables among the earliest ones there are several that must get their growth in cool weather. These include peas, spinach, onions, curly endive, radish and lettuce. One can start to plant all of these just as soon as the driest part of the garden is ready.

With most vegetables, the experts advise making at least three sowings, about ten days to a fortnight apart. In this way the gardener is protected against damage which might wipe out the sowing, and the season of garden fresh vegetables will be greatly extended.

INDIA RUBBER PRODUCTION

It is hoped that this year India will produce enough rubber to satisfy not only her own domestic needs, but those of the British and American forces in India.

YOU WOMEN WHO SUFFER FROM HOT FLASHES

If you suffer from hot flashes, dizzy spells, nervousness, periods, or any other nervousness—due to the "middle-aged" period in a woman's life, take Lydia E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Pinkham's Compound is also a fine stomach tonic. Worth trying! Made in Canada.

OUR COMPLETE SHORT STORY— HAPPILY EVER AFTER

By ABBIE YOUNG
McClure Newspaper Syndicate

Mollie could not remember getting on the bus. After the fight with Joe she had gone out and walked and walked. But here she was, sitting at the top in the rear seat and Joe had always laughingly said was reserved for them. While Joe was courting her they had taken the Fifth Avenue bus to the end of the line and back almost every evening. They had planned to do big things when they were married, but life hadn't worked out just as they expected. Three years now, and Joe had received only one raise. But Mollie had realized a little bit of her dream. A small flat roof jutted out from the dingy window of their top story apartment, and that provided Mollie's longed-for penthouse. She had managed to raise a few scraggy plants in flower boxes, had painted the kitchen (which led on to the roof) green—the garden room. The tiny living room she had furnished in black and white—the modernistic touch.

She'd been very happy until Joe's father died and his mother came to live with them. After that, with her mother-in-law's laundry strung over the kitchen window so you couldn't see out of it, even Mollie's imagination couldn't convert the place into a penthouse.

This morning Joe's mother had gone away for the day. Mollie and Joe had planned a dozen things to do to make the most of it. And yet the minute they were alone they had turned on each other!

The nerves of both must have been at breaking point. But that didn't excuse Joe. Suppose she had started picking his mother's clothes off the chairs and tables and then, suddenly, thrown them out the window? If he'd been home all day, every day, what would have happened?

So when he'd said cuttingly, "That's the way you feel about my mother is it?" she'd gone to pieces and told him just how she did feel—about his mother, about his job and the non-existent bank account, and about him, too. When he should have comforted her, Joe had grabbed her shoulders and shaken her. Mollie had wrenched free and flung out of the apartment.

The bus stopped at a corner and Mollie found herself looking straight into the eyes of a young man in a limousine. He grinned and patted the seat beside him. Mollie turned quickly away, but at the next stop, there he was again. Suddenly Mollie rose. She didn't intend to accept the man's invitation; she just couldn't stand the association any longer.

He was waiting for her at the curb. "Could I interest you in a cocktail party?" he asked.

Mollie would have walked on, but he caught her arm. "Come on, kiddie," he urged. "I'm no big, bad wolf—it's just that my date fizzled out. And you looked so forlorn up there all alone."

The kindliness in his tone brought quick tears to Mollie's eyes. "I think it would do me good," she said. Mollie scarcely heard any longer. She was in a chrysalis of the short drive. "Surprisingly she twisted off her wedding ring and dropped it into her bag."

They drew up before a smart apartment building. The elevator shot up and up and to Mollie's astonishment, they emerged at the penthouse apartment. It was all she had ever dreamed, and more. Vast, shiny, modernistic. Through French windows she glimpsed real trees and sky.

A tall girl came forward. "Hello, Dale," she said, "help yourselves. And for goodness' sake think of something to do. The party's dying on its feet." Then she drifted away.

Mollie saw Dale talking to a girl in a bright red dress. Unnoticed, she walked out on the terrace. She heard a switch of silken skirts. "You like it?" It was the tall girl.

"Oh, yes!" The lump in Mollie's throat made her voice sound queer. "It's so—so big!" The girl looked at her searchingly. "Yes, it's big," she agreed. "And while it's beautiful to you, it might seem ugly to someone else. Someone who—well, who didn't have anyone to whom you live alone?" Mollie asked.

The girl's tone was bitter. "Yes, I live alone. And when I can't bear it any longer, I call in that gang inside. We have much in common. Dale is still in love with his ex-wife—the girl in the red dress—and produces somebody new every day to

IF YOUR NOSE "CLOSES UP" TIGHT AT NIGHT

HINDERS BREATHING—SPOILS SLEEP

3-PURPOSE MEDICINE

Here's mighty good news... if your nose "closes up" at night and makes breathing difficult, put 3-purpose Vicks Vapo-Trol on each nostril. Vapo-Trol does 3 important things: (1) shrinks swollen membranes; (2) soothes irritation; (3) helps clear nasal passages, clearing clogging mucus, relieving transient congestion. It brings more comfort, makes breathing easier, invites sleep.

And remember, VICKS VAPOROL keeps freedom of use in time.

kid people into thinking he isn't. His ex-wife is married to my ex, and thinking of shedding him for someone else. And I..." she shrugged.

"I must go," Mollie choked. She knew, suddenly, that she should get to Joe before it was too late. She must tell him that he was all that mattered to her. At the window she paused. "I hope," she said softly to the girl, "that some day you'll have as much as I have."

"That's the way to talk," the girl smiled. "You'll have to forgive me for making up that yarn about myself. Maybe, being in love, I've gone sticky with sentiment. You see, I'm getting married next week for the first time. I like to believe the bride and groom live happily ever after."

Mollie stared at her in confusion. "What do you mean?"

Her hostess laughed gayly. "Next time you remove your wedding ring, child, remember that white circle doesn't match your sun tan."

World Trading System

Proposal Made By Federation Of British Industries

Creation of an International Economic Council to direct world trade has been proposed by the Federation of British Industries as a primary post-war measure.

In a report on international trade policy, the F.B.I. said such a council would stimulate a world trading system and prevent the trade of various countries "getting out of equilibrium, as happened in the years between the two world wars."

Functions of the council would be: To stimulate the needs of and the possibilities of supplying the different countries commodities.

To guide world trade to channels where it would most benefit producer and consumer.

To act as an coordinating body to the aim of helping countries whose standards of living should be raised or whose industrial and commercial activities should be extended.

"The prosperity of every country is the background against which a prosperous world economy alone can be constructed," the report said. "No attempts, therefore, by one country to force its goods on other countries in such a way as to upset their internal policy should be permitted."

GERMAN NAVY

Though laborious attempts are being made to recondition the crippled battle cruiser "Tirpitz" in Kaa Fjord, not a stroke of work has been done for 18 months to repair the "Gueisler" sister ship of the sunken "Scharnhorst." She lies with her bows and gun turrets dismantled in the Polish port of Gdynia, which has replaced bomb-hattered Kiel as Germany's main naval base.

R.C.A.F. Pilot Leads U-Boat Attack



—R.C.A.F. Pilot.

A veteran Atlantic coast pilot with more than 20 months of operational experience, Flying Officer A. P. V. "Pat" Chester, 121 Angus St., Regina, chucked up his first submarine attack on St. Valentine's Day. His crew made it a good one, attacking the U-boat with depth charges and machine-gun fire as Chester swept over the enemy craft four times, once so close that the air gunners said they could have dropped a hand grenade down the conning tower. The submarine sent a hail of flak until the last, but failed to hit the hurtling Liberator.

Was Not Planned

British Empire Grew Out Of People's Love For Adventure

Lord Elton, secretary of the Rhodes Trust, is responsible for reminding the world that no Government planned the expansion of England overseas. British men laid the foundations of a world-wide Commonwealth by the simple process of being prepared to go where opportunity and the bright eyes of danger tempted them. All of Britain's greatest imperial rivals were authoritarian States, in which colonization was an affair not of individual enterprise, but of ministers and officials. Spain of the Armada, France of the Bourbons, or France of Napoleon, Germany of the Hohenzollerns—all were ruled by despots and bureaucrats. But Britain overthrew them all.

Do not suppose that the adventurers were all either-merchants or fighting men. Some of the greatest names in British Imperial history are those of men who risked everything to discover or to heal or to preach. David Livingstone, for example, was a great missionary, but equally he was a great adventurer the man who discovered the whole course of the Zambezi and explored East Africa in order to reveal the horrors of the Arab slave trade. Mungo Park and the discovery of the sources of the Nile, Sir John Neill and the ending of slavery in Zanzibar, Rajah Brooke and the throne of Sarawak—these and countless others are stories not only of high achievement, but of adventurous enterprise.

It was men such as these who made the British Empire; but to make the British Empire was far from being their object. The British Empire, indeed, grew as a sort of unintentional by-product of the adventurous enterprise of its citizens.

The men and women whose adventurous enterprise, as we can see now in retrospect, was in fact responsible for building the world-wide British Commonwealth as we know it today, were far from setting out with any such deliberate purpose. They went to trade, to settle, to explore, to preach, to heal, and, for the most part, it was all unknowingly that they set in motion the forces which brought into being our great world society.

"This war has shown that the spirit of adventure burns as brightly as ever among our people," avers Lord Elton, adding: "And when the war is over we shall need the adventure as never before."—Stratford Beacon-Herald.

AN ARMAN'S TRADE

"What's your trade in the Air Force?"

"Turner."

"Turner?"

"Yes. At night I turn in, and just as I'm about to turn over, somebody turns up and says: 'Turn out, it's your turn to turn over those kites.'"

Itching Scalp

A Simple Home Treatment

If your scalp has broken out with ugly surface scales or irritations—ITCHY DITZ with dandruffs as that only serves to make it worse, and spreads it. Go to your druggist today—get a bottle of Moore's Emu-oil and use this method with an equal quantity of olive oil. It's easy to use, all you do is apply to the scalp with your finger the scrubbing into the roots of the hair. Do this at least once a day, and about every fourth day shampoo with a good soap. Soon the itching will be gone, and the scalp in promoting faster healing. Continue the treatment until the itching is gone, floating dandruff has disappeared.

Continue for 2 weeks, and if then you are dissatisfied get your money back. Druggists everywhere sell Emu-oil Oil.

These days, when tea must yield the utmost in flavour, quality is of supreme importance. Ask for..

"SALAM" TEA

Have Sweet Tooth

Quarter Million Pounds of Sugar Consumed By Canadians Every Week

(By Edna Jacques)

To women falls the task of preparing food for a hungry world and since the dawn of time, they have been zealous in making it attractive and delicious to the taste. One of the prime methods of improving on Mother Nature is to add sweetness to some of her products.

From ancient India comes the first record of sugar. From there it worked its way to China. In an old manuscript we learn that in the year 600 A.D. a wise old Emperor of China sent men to India to learn the art of sugar-making.

From China the cultivation of sugar cane and the making of sugar spread to Egypt. The Arabs introduced it into Sicily and Spain, and from here it was carried to Siam, Ceylon, Java and other countries of the old world. Soon after the discovery of America it was brought to Cuba and nearby islands, and thus to the North American continent.

Canadian people have developed a terrifically sweet tooth. We like our apple sauce sweet as honey—our pancakes have to be smothered in syrup, our porridge must be loaded down with brown sugar, our cakes piled high with icing. We want sugar in our tea... some of us even put sugar on our lettuce and tomatoes. When we can't have it we get to feeling sorry for ourselves and think we are badly used.

Once a week a sugar coupon becomes valid. Each one is good for a half pound of sugar. This means that Canadians use in their own homes five and a quarter million pounds of sugar every week of the year just as regular as clockwork. Added to this every person, man, woman and child, from a day-old baby to the granddaddy of the community can get an additional half pound every two weeks if they care to use the "D" coupon for sugar instead of preserves. On top of that, there is the yearly allowance of 10 pounds per person for canning. This extra item adds up to 115 million pounds a year.

If you live in or near a city you can occasionally buy a cake or pie, a few doughnuts, cookies or a raisin loaf to tide you along. If you live in the country, and can't get this added sweetness, you can tell yourself that you have more butter, cream and maybe your own maple syrup or honey to balance the whole thing and make your family feel well fed and righteous.

After all, we didn't have bombs for breakfast, incendiaries with our lunch, or block busters for dinner.

Housing Poultry

Plan Ample Room For The Chickens To Grow

The housing problem in Canada is not confined to human beings; it extends to poultry. There is no excuse, say the Poultry authorities, Dominion Department of Agriculture, for not having ample room for poultry to thrive and grow in Canada. Growing chicks or half-grown pullets lacking ample roosting accommodation frequently pile up in the corners or on the floor, and while piling up in growing chicks is not immediately fatal as with young chicks, the ill effects will be apparent long afterwards, if the piling up is allowed to continue. The obvious solution is to provide sufficient colony houses and range for better accommodation, and for satisfactory growth there should be at least two range shelters for each colony house and the birds taught to use them. Birds are equipped by nature to roost in the open with ample air and ventilation around them. Many equipment manufacturers and hatchery operators now offer for sale range shelters in disjunct form. Now is the time to plan to meet the housing contingency before the rush season of another year comes around.

The sharp edges of volcanic rock on Ascension Island in the south Atlantic can wear out a pair of heavy army shoes in six days.

Only two South American countries, Chili and Ecuador, do not border on Brazil.

May Be Perpetuated

Another H.M.C.S. Weyburn

H.M.C.S. Weyburn, the Canadian corvette which went down with guns blazing in an engagement with an enemy submarine may be perpetuated in the Canadian navy.

Hon. Angus L. Macdonald, navy minister, said in the House of Commons that he would consider the assignment of the name Weyburn to another corvette. He said it was a common practice to reassign, after a certain time, the names of ships sunk in action.

This Week's Pattern



4599 SIZES S M L



By ANNE ADAMS

Imagine! You can cut this chic little apron, Pattern 4599, from one yard of fabric! Choose a pretty print and spark it up with bright, contrasting bias binding. A colorful percale makes a wonderful kitchen version. For a sewing or hostess apron, try dotted swiss.

Pattern 4599 comes in sizes small (32-34), medium (36-38), and large (40-42). Small size takes only 1 yard 35-inch fabric.

Send twenty cents (20c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg Newspaper Union, 175 McDermott Ave., E., Winnipeg, Man.

"Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."

DEFLATED

Some of the young boys in uniform try hard to appear grown up and sophisticated. One of this type was in a night-club group recently. As a mature cabaret singer danced near his table he whistled and asked: "Hey, babe, what do you after you get through here tonight?"

The singer looked at him compassionately. Leaning over tenderly, she said: "I'm going home to take care of my little boy, who is just about your age."—Lee Shipley in Los Angeles Times.

"I said good-bye to Constipation!"

"I've given up pills and harsh cathartics. I found my constipation was due to lack of 'bulk' in my diet—and I discovered that KELLOGG'S ALL-BRAN is perfect for me. It's the best way to get at the cause, and help correct it!"

If this is your trouble, stop "dosing" with harsh purgatives—Wash away your lack of lasting relief! Try eating a serving of ALL-BRAN daily, with milk, or sprinkled over other cereals. Or, eat several ALL-BRAN muffins daily! Drink plenty of water.

Get KELLOGG'S ALL-BRAN at your grocer's today—in either of 2 convenient sizes. Made by Kellogg's in London, Canada.



For EASTER

Flowers and Potted Plants

Let us have your order now to avoid disappointment.

OUR NEW

MOLINARD LINE OF TOILETRIES

contains many lovely items suitable for Easter Gifts.

Don't neglect to take advantage of our new
RENTAL LIBRARY
Good Reading at Reasonable Rates

Coleman Pharmacy

G. STEEVES, Proprietor F. SMITH, Manager
Agent for the Blairmore Greenhouse

FOR SPRING CLEANING!

We have a Full Line of WALL PAPER

also

MURESCO, per 5 pound package 75c
ALABASTINE, per 5 pound package 75c
FLITE, casein paint, washable, per 5 lb. pkg. \$1.20
MEDUSA LITE—the new paste casein paint,
mixed with water, washable after 30 days,
covers in one coat, per 5 lb. tin \$1.20

Pattinson's Hardware Store

Phone 180 for Orders Large or Small Service Unexcelled

INTERIOR DECORATING

When cleaning up this Spring try the new Casein Paint

"VELLO"

We have a full stock of 7 DIFFERENT COLORS
Washable, Economical, Lasting, and easy to apply.
One package does a fair sized room and one coat is
usually sufficient.

Price \$1.35 per 5 lb. Package

Coleman Hardware and Furniture Co.

W. DUTIL, Mgr.

Phone 68

PALACE THEATRE

HIGH-CLASS ENTERTAINMENT

Program For Coming Week

Saturday, Monday and Tuesday, April 1, 3 and 4

THE ALL TECHNICOLOR MUSICAL

"Coney Island"

with Betty GRABLE, George MONTGOMERY
and Cesar ROMERO
also NEWS and CARTOON

WEDNESDAY ONLY, APRIL 5th

BARGAIN NIGHT---25c

DOUBLE PROGRAM

James Ellison and Lois Andrews, in
"DIXIE DUGAN"

also Gene Autry, in

"COWBOY SERENADE"

MATINEE at 4.15 p.m., 10c, Two Shows at 7.30 and 9.30 p.m.

Thursday and Friday, April 6 and 7

ERROL FLYNN, in

'Desperate Journey'

also NOVELTY and SHORTS

Cole's Theatre, Bellevue

Saturday, Monday and Tuesday, April 1, 3 and 4

DEANNA DURBIN, in

"HERS TO HOLD"

also NEWS, NOVELTY and SHORTS

Orpheum Theatre, Blairmore

Saturday, Monday and Tuesday, April 1, 3 and 4

"The Strange Death of Hitler"

and HOP-A-LONG CASSIDY, in

"LOST CANYON"

Local News

Mr. A. Kahout has returned home after a visit spent with his daughter at High River.

Mr. and Mrs. Ralph Root plan on leaving on Saturday for Travers where they will reside.

Mrs. W. J. McRae, of Fernie was the week-end guest of her daughter, Mrs. Stuart Murdoch.

WO Leon Switon, based at Medicine Hat, was the week-end guest of Mr. and Mrs. Walter Chuckla.

Mrs. J. A. "Doc" Barbour, has returned to her Lethbridge home after being a patient for a month at a Calgary hospital.

Mr. Ike Daniels, of Blairmore, left last Friday for Banff where he will receive treatment for a knee injury.

Born: To Mr. and Mrs. M. Beck, of Vancouver, nee Sophie Smoek, formerly of Coleman, on Thursday, March 23, a son.

Mr. and Mrs. Adam Koldonick, of Evergreen, Alta., are spending a week's visit with the latter's sister, Mrs. S. Soroff, and Mr. Soroff.

Mr. Walter Chuckla, injured in a mine accident some time ago, left on Monday for Banff where he will receive treatment by Compensation doctors.

Mr. John Milley returned on Monday morning to the Pacific coast after residing at the home of his mother, Mrs. S. Milley for the past few months.

Mrs. Walter Chuckla, of Coleman, and Mrs. N. Peroniak and daughter, of Burmis, travelled to Medicine Hat where they witnessed the graduation of a number of Polish flyers in the R.A.F.

Mrs. George Kellock was the week-end guest of Mrs. Hugh Smith, of Bellevue. While in the latter town she attended the 74th birthday celebration of Mr. Frank Boseley at the home of his daughter, Mrs. J. Cardell. Mr. and Mrs. Jim Kellock and young son, of Calgary, came down to celebrate the occasion. Mr. Boseley is the grandfather of Mrs. J. Kellock.

Mrs. A. Zufka is a patient in the local hospital.

Nick Golis, of Brocket, visited relatives here at the week-end.

Peter Letany, of Natal, spent the week-end with relatives in town.

Mrs. L. Wilkins, of Blairmore, is relieving at the local hospital.

Born: To Mr. and Mrs. Steve Rypien on Saturday, March 25, a daughter.

Mr. and Mrs. Mondie, of Brocket, visited in Coleman during the week-end.

Mrs. George Snood visited her parents at Fernie while in the Pass at the week-end.

Mrs. R. Vincent entertained at two tables of bridge at her home last Thursday evening. Winners were Mrs. George Kellock and Mrs. Hugh Smith, of Bellevue.

IT'S A GOOD IDEA

It's a good idea to form a regular saving habit for future security—it's a better idea to place your savings with your own TREASURY BRANCHES. Your local branch manager will gladly show you the THREE savings plans available at all Treasury Branches. There is a plan best suited for your own needs—whether you deposit savings regularly, or whether you wish to leave funds on deposit for a specified period of time. It pays financially and in satisfaction to deposit savings with your own TREASURY BRANCHES. See your local manager soon!

YOUR

TREASURY BRANCH

F. Antrobus, Agent, Coleman



RENEWAL OF UNEMPLOYMENT INSURANCE BOOKS

To All Employees:

All Unemployment Insurance Books for the year ending March 31st, 1944, must be exchanged for new books.

Kindly communicate *immediately* with the nearest Employment and Selective Service Office if you have not already exchanged your employees' books.

There are severe penalties for failing to make Unemployment Insurance Contributions for your insured employees and for failure to renew the Insurance Books as required.

To All Employees:

If you are an insured person protect your benefit rights by seeing that your Insurance Book has been exchanged.

UNEMPLOYMENT INSURANCE COMMISSION

HON. HUMPHREY MITCHELL,
Minister of Labour

LOUIS J. TROTTER
R. J. TALLON
ALLAN M. MITCHELL
Commissioners.

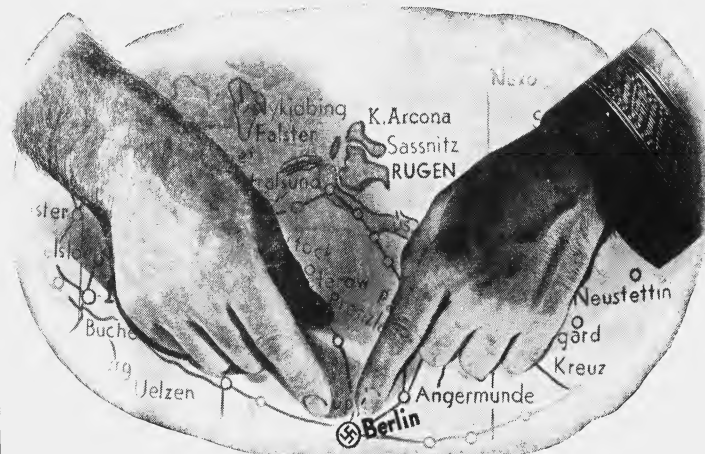
PE-844

Save Money For War Stamps

Buy a Meal Ticket

at the
WHITE LUNCH CAFE

First Objective



IN these decisive months all Canada's effort is concentrated on one great objective—the attack that is to destroy the Nazimence and all that it represents. Years of work have gone into its preparation. The best of our young men are staking their lives on its success.

We in Canada must support and strengthen this attack with all our effort. This one purpose must command our work, our minds and our hearts.

We must not permit any scramble for private gain or individual selfish ends, to distract us from our main task. If we concentrate on seeking, individually or jointly, higher prices,

higher pay or higher profits, we shall be diverting our attention from the main task at this critical time. We shall also endanger the stability of prices which we in Canada have achieved after great difficulties—a stability that is essential to efficiency and fairness in war, and to peacetime prosperity afterward.

Our young men are fighting for a Canada and a world in which all men can have faith, hope and security. Each of them wants to come back to a job—or a farm—with a future. We at home must keep secure for them a strong and stable foundation on which alone a post-war period of promise and achievement can be built.

This advertisement is one of a series being issued by the Government of Canada to emphasize the importance of preventing further increases in the cost of living now and deflation later.